



Church of Our Lady, Star of the Sea,  
Bundoran, Co. Donegal.  
Phone: 071 98 41290  
Email: [ppbundoran@eircom.net](mailto:ppbundoran@eircom.net)  
Very Rev. Ramon Canon Munster, PP

Diocese of Clogher  
[www.magheneparish.ie](http://www.magheneparish.ie)

Church of St. Joseph  
The Rock,  
Ballyshannon, Co. Donegal.  
Phone: 071 98 51221  
Email: [mcmanusfrank@hotmail.com](mailto:mcmanusfrank@hotmail.com)  
Rev. Frank McManus, CC

Parish  
Office  
News  
22.08.2010

## Reception of Holy Communion.

Many years ago, we were given the choice of receiving Holy Communion on the tongue or in the hand. Some decided to remain with the traditional way of reception while others welcomed the choice. At the time when the choice was introduced, other directions were put in place to help with the distribution of Holy Communion within our Churches. It was recommended that (for right-handed people) those who received Holy Communion on the hand, should do so on their left hand, stand to one side to allow the next person to approach the Priest / Minister of the Eucharist and place the Sacred Host in their mouth with the right hand.

**They should NOT leave the second position without consuming the Sacred Host.**

As time goes by, it seems that these guidelines have been forgotten or replaced by other approaches but it is necessary to remind ourselves that the **original methods should still be maintained**. We ask that the following ways of receiving Holy Communion continue to be followed.

1. When a communicant wishes to receive Holy Communion on the tongue, he/she approaches the Priest / Minister of the Eucharist and receives in the traditional manner.
2. When a communicant wishes to receive on the hand, he/she approaches the Priest / Eucharistic Minister, receives the Sacred Host on the hand, moves to one side, consumes the host immediately and returns to their seat.

### Please Remember the Following

Holy Communion should **NEVER** be taken from the Church except by those authorised to do so. **Parents** should supervise their **children's** reception of Holy Communion so that they learn to receive in a respectful manner. Children should be taught to consume the Sacred Host before they leave the area of reception as some tend to walk away quickly and consume the Host as they return to their seats. It is highly recommended that the reception of Holy Communion be immediately followed by personal reflection and prayer.

**In the days to come, we ask that those receiving Holy Communion make the effort to do so in a manner which is respectful and helps with the normal local liturgical arrangements.**

**Everyone is entitled to the choice of approaching the Priest OR the Minister of the Eucharist.**

**Adoration of the Blessed Sacrament** can only take place every Friday (10.30am to 1pm) if Parishioners are available to be present for prayer. Those wishing to be part of this prayer group should contact any member of the morning Rosary group.

### July Draw Winners

- (1) Seamus & Kathleen O'Neill, Ballyshannon.
  - (2) Roisin Chapman, St. Colm's Tce.
  - (3) Kathleen O'Flaherty, West End.
- Special Prize - Dom Murray, West End.

**Next Parish Draw — Friday 27th August. We greatly appreciate the support of those who have entered the Draw.**

**Parking**—The Parish provides 175 car parking spaces. Please use them rather than interfere with the passage of traffic on Church Road.

21st Sun. in O.T.—  
Year C 22.08.2010



We welcome all who are visiting the Parish at the moment. We hope they have an enjoyable holiday with us.

### Mass Schedule for the Coming Week:

Saturday (Vigil)	7:00pm	Private Intention.	
Sunday	8:30am	Private Intention.	
	11:00am	People of the Parish.	
	12:30pm	Mary & Patrick Rooney, Single Street.	
Monday	10:00am	James & Myra McGinley, Glencolumcille.	
Tuesday	10:00am	Margaret & Joseph Gilvarry, Brandra.	
Wednesday	10:00am	Private Intention.	
Thursday	10:00am	Private Intention.	
Friday	10:00am	Mary Daly, Main St.	
Saturday	10:00am	Brendan McGarrigle, West End.	
(Vigil)	7:00pm	Mary & Joanne McGowan, East End.	
Sunday	8:30am	Private Intention.	
	11:00am	Peter O Keefe, Finner Ave.	M.M.
	12:30pm	DM of Mullahy Family, East End.	



We remember all those who have died recently especially Jacqueline McSharry, Sea Road and all whose anniversaries occur at this time.

**May they Rest in Peace.**

**CONFESSIONS DAILY AFTER MASS**

**Weekday Readers**  
23rd to 28th Aug. - Sr. Adrienne;  
30th Aug. to 4th Sept. - Breege Connor.

**Veneration of the Blessed Sacrament** every Friday 10.30am to 1pm.

**Second Collection for Church Development Fund will be taken up at all weekend Masses.**

#### ALTAR SERVERS—Team B

Sat., 28th Aug.	Sun. 29th Aug.
7pm	11am
Alannah Ward Martha Rose Cosgrove Casey O Donnell Sarah Fitzgerald Michaela O Reilly	Timmy Govorov Brian McHenry Caoimhe Page Christopher Conway

#### Pastoral Centre, Church Rd.

Tues.	7pm—Slimming World
Wed.	10.30am—Weight Watchers
Thurs.	8.30pm—A.A.
Sun.	12noon & 8pm—A.A.

**Vincents Thrift Shop, Main St.**  
Summer Opening times—  
Mon. 7 to 9pm;  
Tue., Wed., Thurs., Fri., Sat. &  
Sun. 2 to 5pm.

#### Collection for Sun. 15th August

Envelope	Donation	Total	Dev. Fund
€1242	€1745	€2987	€1579

**First Friday/Sacramental Calls** always take place at the request of those confined to home or their family. Please contact the Parish Office to make arrangements.

**Anniversary Masses—To avoid confusion in relation to dates, all such Masses should be arranged at the Parish Office or by phone. Funeral Masses will always have precedence on the day.**

**In September (19th to 25th) the Parish hopes to host a week of prayer. Using both Churches, we ask our communities and visitors to gather in prayer before the Lord. More details will be available at a later date.**

**Ceili, Old Time & Barn Dance** in the Rock Hall, Ballyshannon every Saturday for the summer @ 9.30pm. Music by the Assaroo Ceili Band. Adm. €8 (incl. supper).

**Lough Derg—The 1-day Retreats resumed** on 18th August. Family Day on Saturday, 28th August; Quiet Day on Wednesday, 1st September. Further information & booking contact Tel/Fax 071 9861518 or email info@loughderg.org  
**It is essential to book the 1-day Retreats.**  
[www.loughderg.org](http://www.loughderg.org)

**Marriage—Three months' notice and evidence of having followed a Pre-Marriage course are required for all marriages. Sunday and Holyday weddings are not permitted in the Diocese of Clogher. Marriage Preparation Courses** will be held in various centres over the coming months. More information from the Parish Office.

**Ballyshannon Citizens Information Centre** Opening Hours—Tuesday and Thursday 10am to 4pm. Further details from Siobhain @ 071 9851666.

**GROW** meetings take place in the Day Centre, College St., Ballyshannon every Thurs. @ 8pm.

Notices relating to parish activities for inclusion in the newsletter must come through the Parish Office no later than Thursday evening—  
Tel. 0719841290 or e-mail: ppbundoran@eircom.net

**Cemeteries—In these days of great growth, we remind everyone to care for family graves in our cemeteries.**

#### Bundoran Community Childcare

We are holding a Opening/Registration Evening on Monday 23rd of August 2010, for Pre-school and Afterschools, for the term commencing 1st September 2010. We are registered for the ECCE scheme (free pre-school), and have a limited number places available in our Afternoon sessions.

**Inclusion presumes space permitting.**

**Anonymous Notices Not Accepted.**